

FLUX ACADEMY · A SCHOOL FOR SEEING

MODULE 8 · THE SYSTEM — RICOH GR

Setting Up the Ricoh GR

BY DANTE SISOFO

LESSON 043



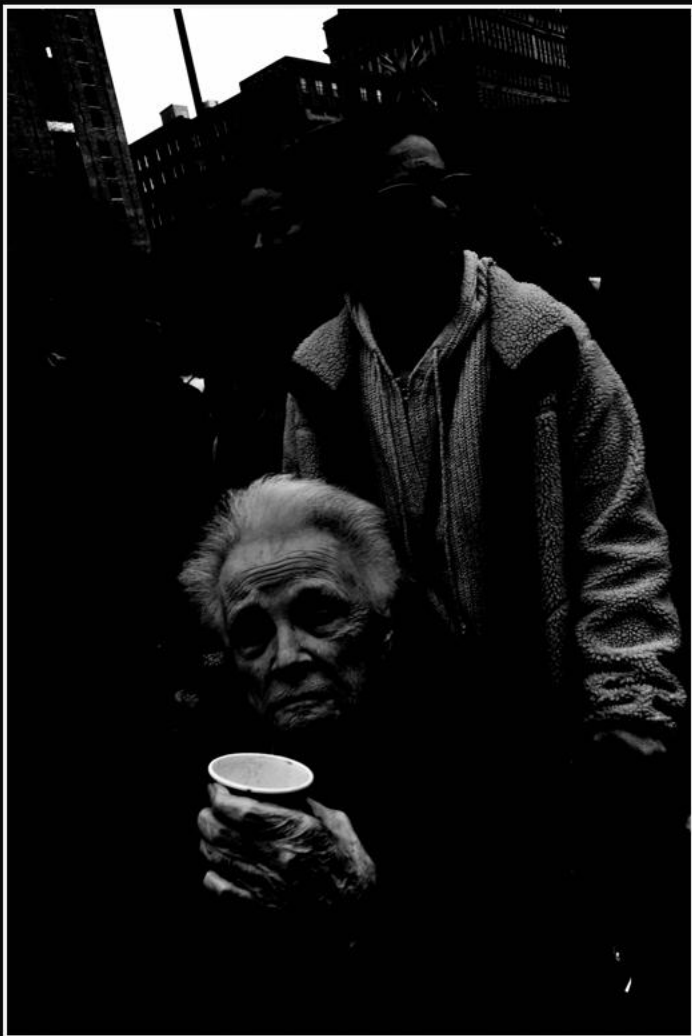
One Setup. Locked. Forever.

- One configuration — do not negotiate
- Set it once, forget it forever
- The system frees you; tinkering traps you



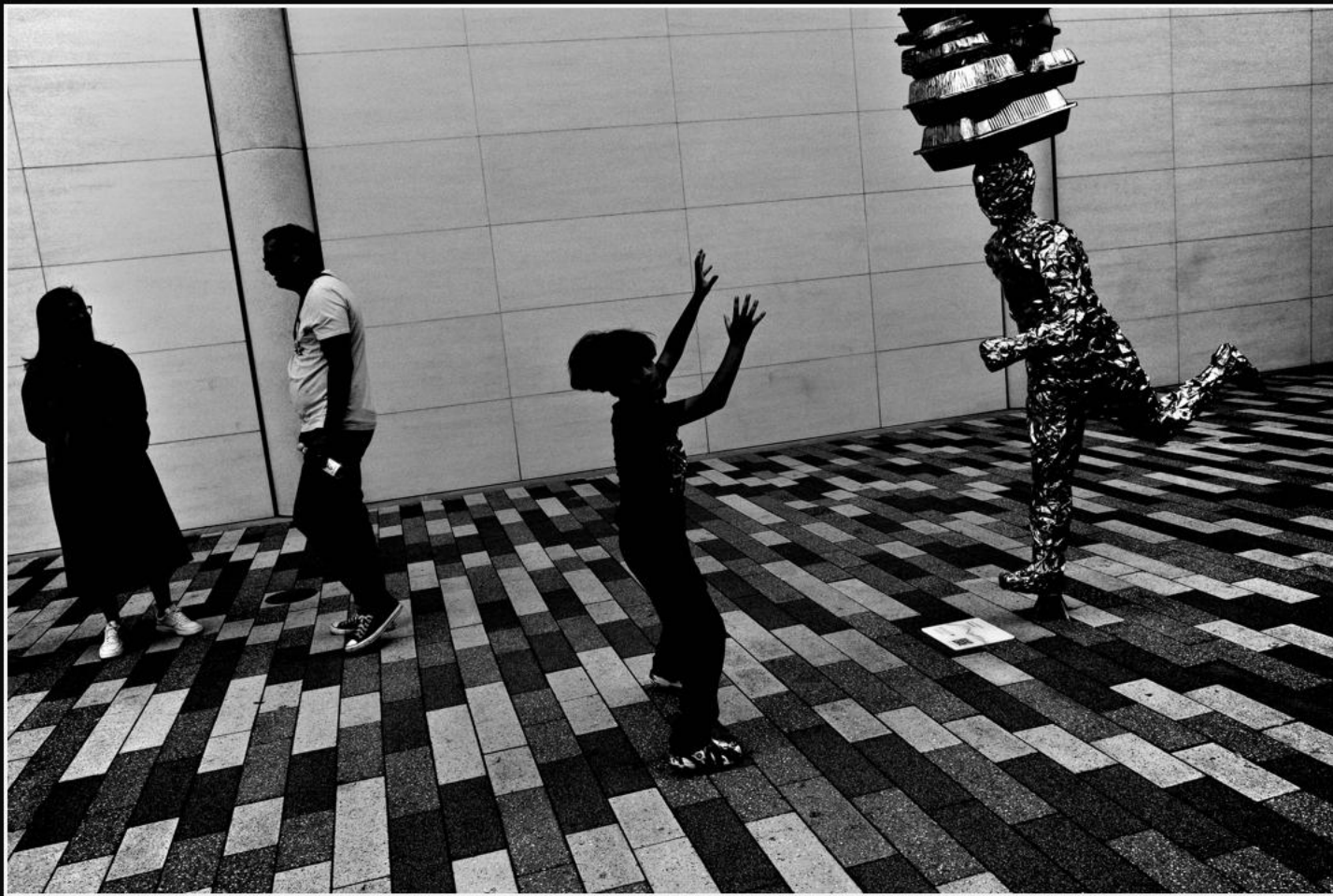
What You'll Walk Away With

- Exact settings installed, nothing improvised
- Understand why each choice was made
- Ready to raise the camera and shoot immediately



Menus Are the Enemy of Flow

- Every menu dive breaks presence
- Tinkering on the street kills the frame
- A locked system keeps you in the world



Constraint Is the Engine

- Fewer controls = faster decisions
- The constraint compounds over time
- Less camera, more photograph



Shooting Mode: AV at f/8

- Mode: AV — Aperture Priority
- Aperture: f/8 — the locked setting
- Let the camera handle the rest



Focus: Snap at 2 Meters

- Focus Mode: Single Point / Select AF
- Snap Focus Distance: 2 meters
- Fn button toggles between the two



Exposure: Auto ISO, Fixed Shutter Floor

- Metering: Multi-segment
- ISO: Auto — 160 lower, 25,600 upper
- Minimum shutter speed: 1/500



File Format: JPEG Only, Small, 3:2

- File Type: JPEG only — not RAW, not RAW+JPEG
- Aspect Ratio: 3:2
- Small file size — speed creates rhythm

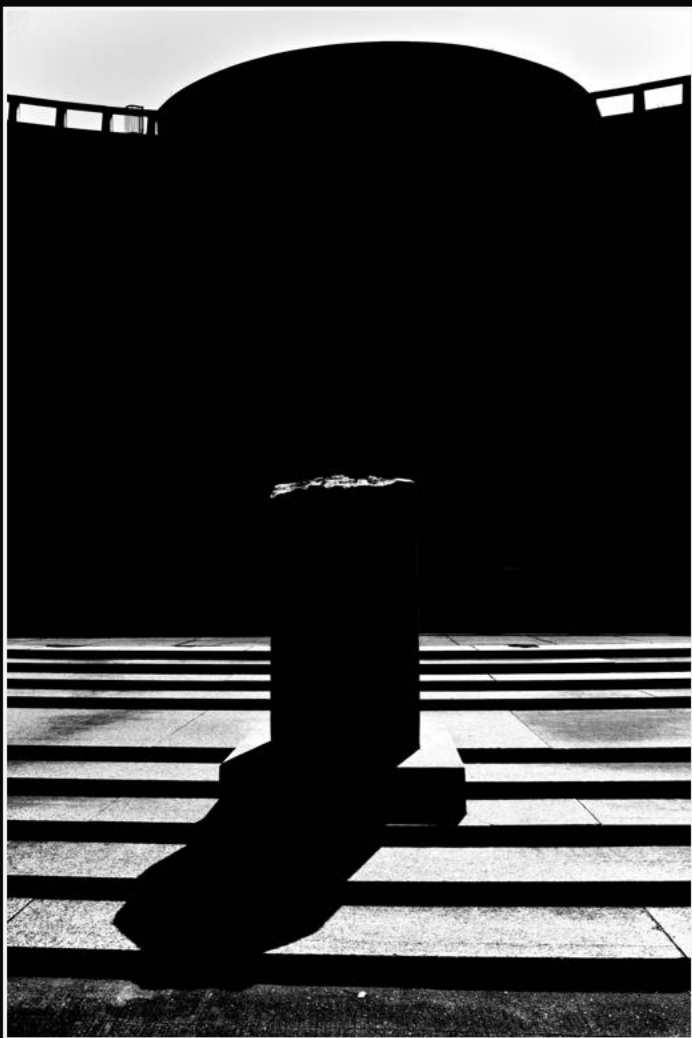


Image Control: High Contrast B&W Baked In

- Image Control: High Contrast B W
- Specific values — enter them exactly, do not round
- Grain on, size 2 — the look is locked



Button Layout: Strip It Down

- Fn button: Snap
- Custom Settings 2–5: Off
- Movie button: Crop mode only



Display: Minimum Information, Maximum Presence

- Shooting Info Display: Simplified
- Playback Info Display: nothing selected
- Grid: 4×4 — the only overlay you keep



The Final Checklist

- AV mode · f/8 · Snap Focus 2m
- Auto ISO · JPEG only · High Contrast B W baked
- Exposure comp is your only street control



The System Holds When Chaos Increases

- The environment changes — the system stays identical
- 50mm crop, underexpose minus 2
- Expose for highlights, crush the shadows



Volume Creates Instinct

- Hundreds or thousands of frames on a hard day — no backlog
- Import same day, cull same day
- Volume is not waste — it is instinct training



The Same System Builds a Body of Work

- Same settings, same workflow, day after day
- Walk → photograph → cull → repeat
- Weeks of that rhythm produce a complete book, because the system is frictionless



Do Not Customize. Trust the Process.

- The temptation to tweak is real — resist it
- Every customization is a small leak in the system
- Trust compounds; tinkering compounds too



Install Before You Leave Home

- Set every parameter tonight — not on the street
- Confirm: AV, f/8, Snap 2m, JPEG, High Contrast B W
- Walk out tomorrow with a fully installed machine



First Walk: 100 Frames, Zero Judgment

- Goal: 100 photographs on your first walk
- Do not review on the LCD mid-walk
- Raise, point, shoot — get comfortable with the motion



Tweaking Settings Mid-Walk

- Diving into menus on the street kills presence
- "Just a quick adjustment" is a full disconnection
- Set it at home — never adjust it outside



Shooting RAW "Just in Case"

- RAW creates backlog — backlog stops the practice
- "Just in case" is anxiety, not craft
- JPEG baked is a commitment to the moment



Built on What Came Before

- Lesson 042 established the FLUX camera philosophy
- This lesson is the physical installation of that philosophy
- Theory becomes hardware



What Comes Next

- Lesson 044 takes the installed system into motion
- Settings locked — now the operating mode changes
- From setup to street execution



Set It. Lock It. Go Shoot.

- AV · f/8 · Snap 2m · Auto ISO · JPEG · High Contrast B W
- One exposure compensation dial — your only street control
- Set it once, forget it forever, go make photographs