

FLUX ACADEMY · A SCHOOL FOR SEEING

MODULE 4 · COMPOSITION

Gesture & Body Language

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LESSON 019



Gesture Is the Anchor

- Hands, movement, the way bodies interact
- Gesture creates rhythm and energy
- The simplest thing to look for, the most powerful



What You'll Walk Away With

- See and time gesture instinctively
- Carry yourself with confident presence
- Turn a dull street into energy



The Street Feels Mundane Until You See It

- Most of the street is just people moving
- Gesture is what you anchor to
- It triggers you to shoot instinctively



Presence Is the Real Skill

- Street photography demands presence
- Laser-focus on what's unfolding
- See it, respond, shoot — no thinking



Look for Hands

- Watch hands first
- Watch feet and how they move
- Watch bodies responding to one another



Gesture Creates Rhythm

- Gesture = rhythm, energy, beat
- You tune into the street's pulse
- Patterns of behavior start to appear



Connect One Gesture to Another

- A crowd in motion is raw material
- Shoot a reflection to add a layer
- Wait for gestures to answer each other



Gestures Are the Rails the Eye Runs On

- The eye travels on gestures
- Light shapes the decisive moment
- Gesture does the work of composition



Gesture Beyond People

- Even objects carry gesture
- Sculptures come alive against the sky
- Your physical position elevates them



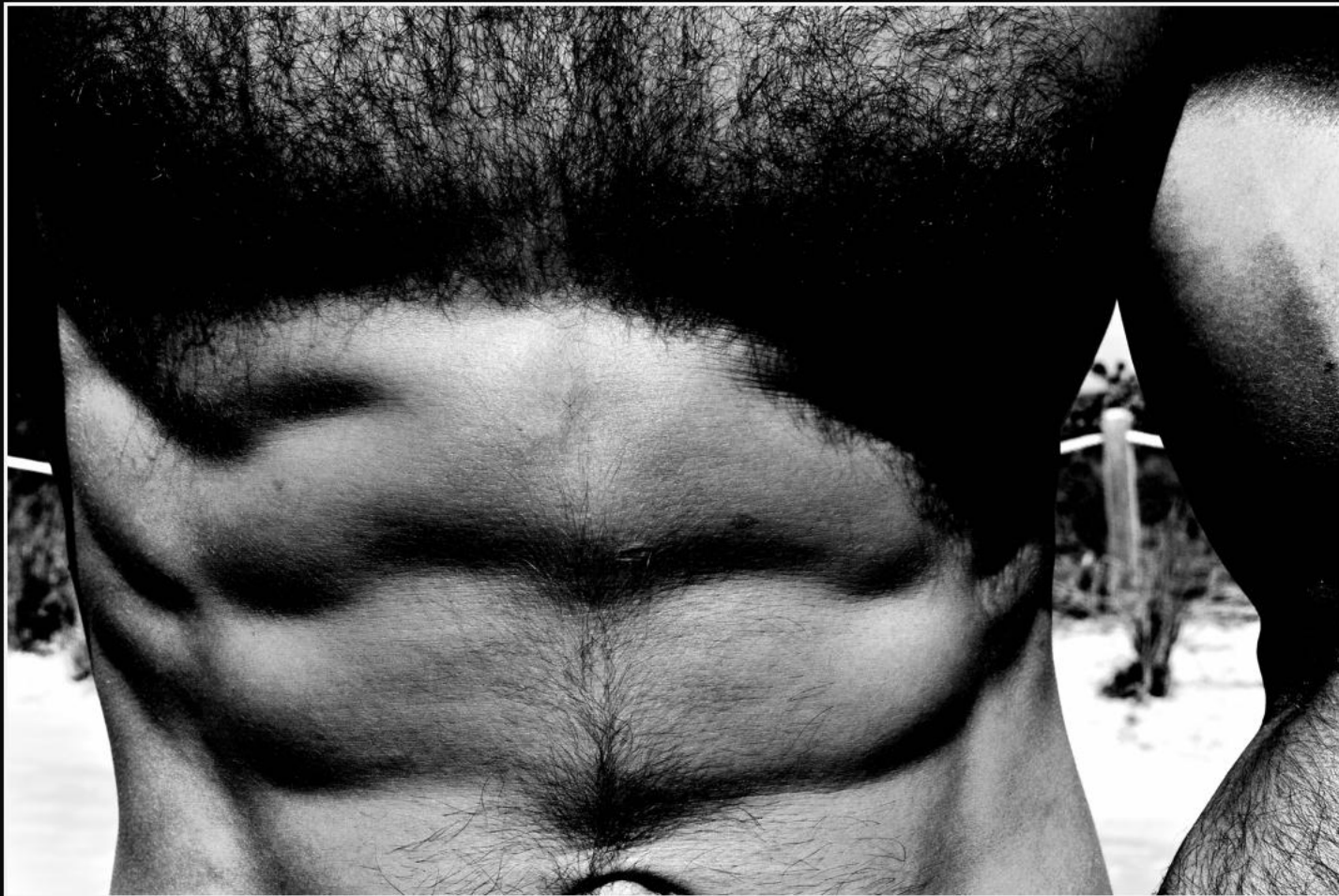
Physical Position Shapes the Photo

- Looking up. Moving left. Moving right.
- Your body changes the picture
- Awareness of position elevates an image



Close Isn't Just Distance

- A close shot of hands carries impact
- Closeness is emotional, not just physical
- Be there when you press the shutter



Stay With the Scene

- Don't leave until the scene leaves you
- Work it; let life unfold
- Repetition and awareness, every day



Own the Street With Your Body

- Head up, shoulders back, chest open
- Walk with purpose; you belong here
- Avoid the modern phone slouch



Carry the Camera With Intent

- Discreet but confident
- Don't face subjects head-on
- Turn shoulders away, stay loose



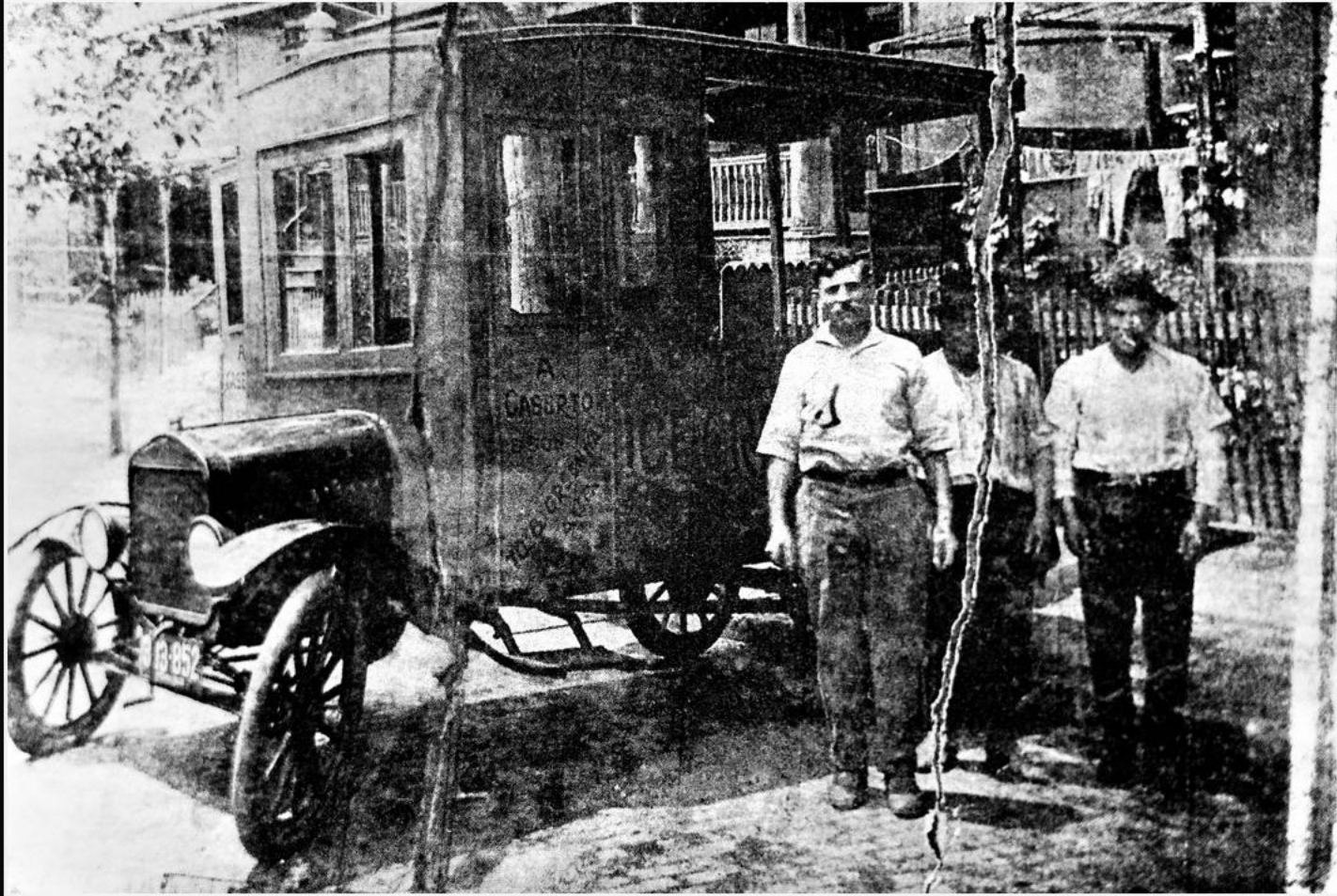
The Art of Distraction

- Pretend to shoot above or behind you
- Use the tourist technique
- Fluid micro-movements with the camera



Timing and Repetition

- Master the instinctive shot
- Pull up, snap, no hesitation
- Repetition builds your rhythm



The Hands-Only Walk

- One walk, photograph only hands
- Train the eye onto a single trigger
- Notice how much more you see



Work One Scene

- Pick a spot with movement
- Stay, watch the rhythm, anticipate
- Let the gestures repeat into a photo



Posture Check

- Reset: head up, shoulders back
- Loose grip, shoulders turned
- Presence first, then the shot



Stiff, Obvious, Head-On

- Slouching or freezing up
- Facing subjects dead-on, locking eyes
- Hesitating until the gesture is gone



From Empty Space to Human Energy

- Lesson 018 stripped the frame down
- Now we fill it with gesture
- Simplicity plus a decisive body



Toward Breaking the Rules

- Next: Breaking the Rules (Lesson 020)
- Gesture trains instinct over formula
- Trust the body, then bend the rules



Watch Hands, Stay Present

- Gesture is the simplest, strongest anchor
- Carry yourself open, loose, confident
- See it, don't think, shoot