

FLUX ACADEMY · A SCHOOL FOR SEEING

MODULE 1 · FOUNDATIONS

Curiosity & Joy: The Engine

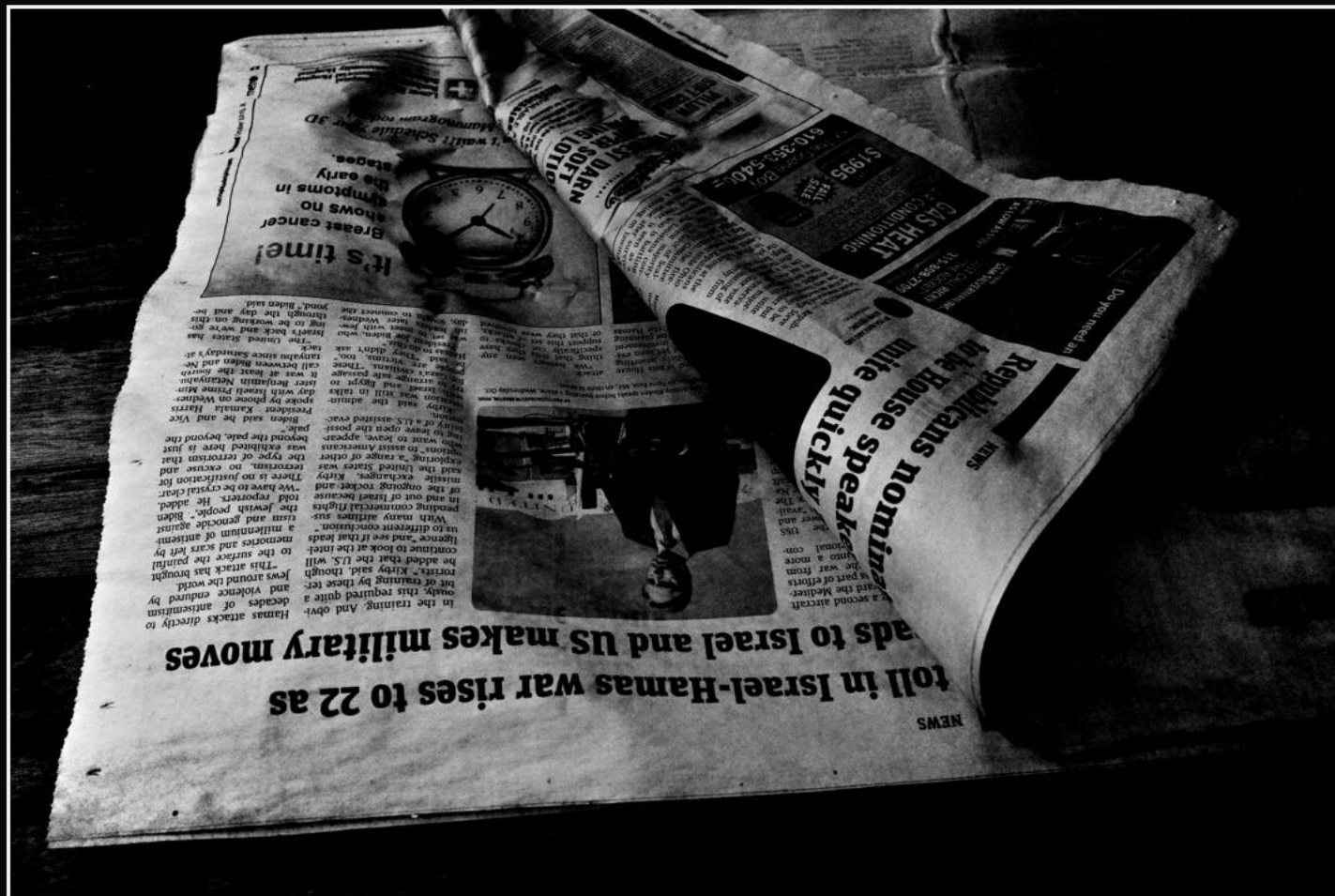
BY DANTE SISOFI

LESSON 004



Curiosity Is the Engine

- Curiosity is the key ingredient
- Joy is the fuel it runs on
- Everything else is downstream



What You'll Walk Away With

- How to run on curiosity, not results
- How to make play your method
- A practice that never runs dry



Boredom Is a Perspective Problem

- Boredom is a perspective problem
- The world didn't get boring — you stopped looking
- Curiosity is the only cure



Joy Is the Outcome

- Detach from results, joy flows in
- Joy makes photography inevitable
- The flow state becomes effortless



Create Something From Nothing

- The goal is to create something from nothing
- The streets are your canvas
- Not the "best" photo — a genuine one



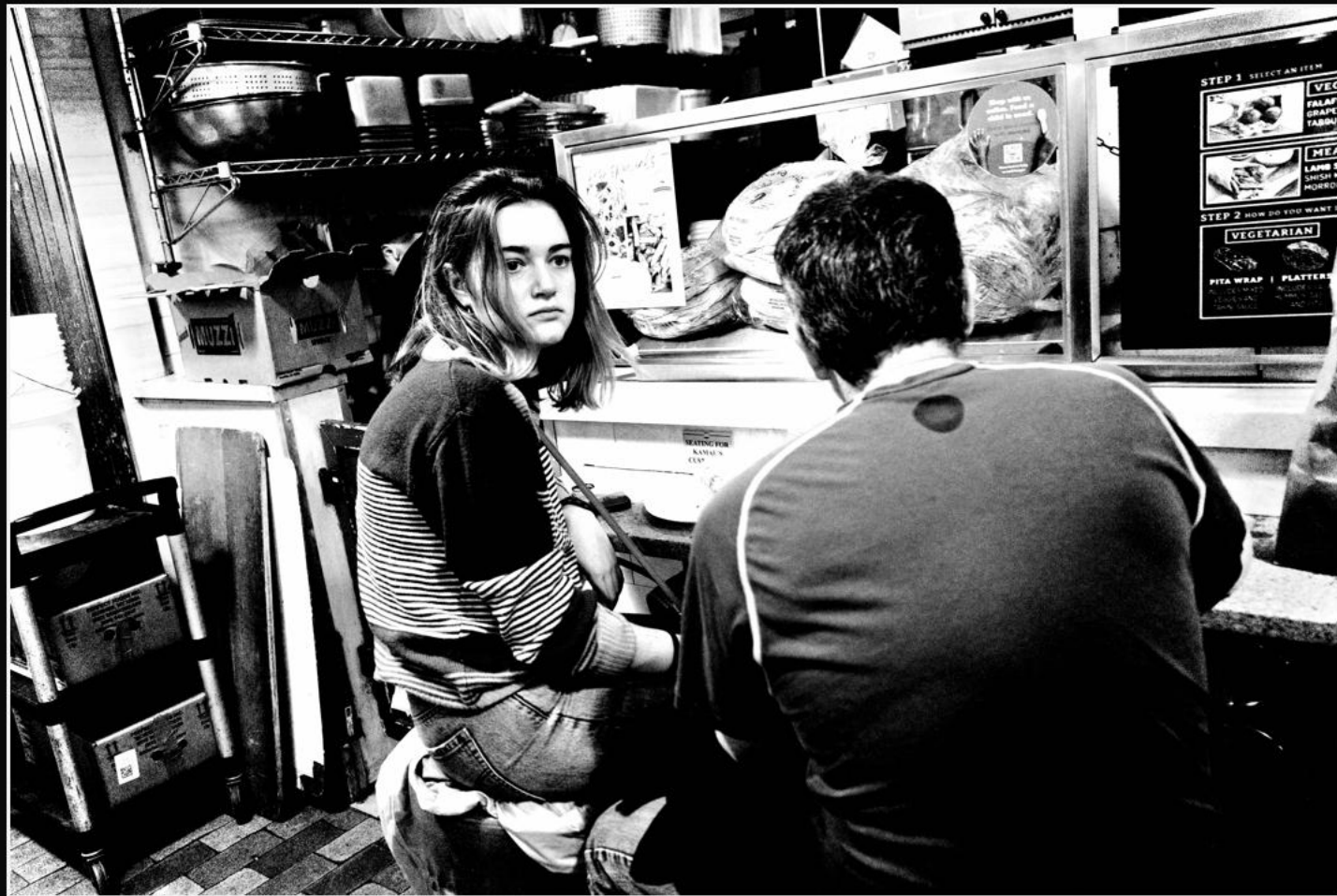
Return to the Childlike Mind

- Return to the childlike mind
- Pick up leaves, touch concrete, look up
- The child is still within you



Be Open Like a Child

- Be open like a child, with wide-eyed wonder
- No preconceived notions
- Wonder is the whole practice



Let Go of Preconceptions

- Don't lock into themes or tropes
- Anything and everything can be a photograph
- Drop the checklist



Stay an Amateur Forever

- Return to the amateur state daily
- Never feel you've "mastered" it
- Infinite room to grow



Don't Seek — Allow

- Enter the Zen Zone
- Don't seek; allow life to flow toward you
- Camera always ready



Photography Is a State of Play

- Photography is a state of play
- Curiosity over gear, play over knowledge
- Seriousness kills curiosity



Don't Take Yourself So Seriously

- You can play, experiment, fail, get back up
- Photography is really not that serious
- Don't put on the photography costume



Follow Your Joy

- Follow your joy, follow your inner childlike curiosity
- I'm joyful on the streets, not hunting
- That spirit reflects in the frames



Playfulness Disarms a Heavy Scene

- Even a tense place softens when you stay open
- Approach playfully and people play back
- No expectations, and it unfolds naturally



Play Opens People Up

- A playful hello leads somewhere you didn't plan
- Hand the camera around — let people shoot you back
- Playfulness opens people up



Curiosity Goes Out First, Meaning Catches Up

- You're not thinking "meaning" in the moment — just curious
- Later you learn what you were actually looking at
- The camera teaches you, long after the shutter



Curiosity Over Results

- Orient everything toward curiosity
- Remove validation — you fall in love with life
- The more curious you get, the better the work



Walk With a Blank Slate

- Go out with no assumptions, no theme
- Walk first, think later
- Respond to your gut, not a plan



Stay Ready, Play Openly

- Always have the camera, kept simple
- Forget themes — respond to life
- Smile, open your body language, engage



Chasing Results & Seriousness

- Don't shoot for validation or a "great frame"
- Seriousness kills curiosity
- Attachment to outcome distracts from practice



Now You Have a Reason

- Lesson 003 said: shoot everything, no limits
- Curiosity & joy are why you can
- The engine behind the permission



From Freedom to Constraints

- Next: Constraints = Creative Freedom (Lesson 005)
- Curiosity gives you boundless options
- Constraints focus that energy



Return to Wonder, Daily

- Curiosity is the engine, joy is the fuel
- Return to the childlike mind every day
- Walk. See. Play.